

How to Deliver a Worktime Learning Session

Fire Safety – Home Care



Aim

- To provide home care services with a short ‘light bite awareness session’ to help embed key themes around Fire awareness with vulnerable service users:
 - Brief statistics on fire deaths
 - Knowing what to do if risks are identified
 - Understanding specific fire risks
 - Vulnerability x Fire Risk



What is a 'worktime learning session'?

- It is a time to **refresh** what should be happening day to day
- A **reflective** time for leaders to **discuss** potential issues with staff
- Will include some learning but is based around **practicalities with service users**



How can this be used to keep fire referral practice on the agenda?

- Within team meetings
- 1:1 sessions with new starters
- Following an incident to review situations
- As refresher training



What support will I have to do this?

- Powerpoint presentation with content specific to home care fire safety: you will receive this link via email
- Support from Herts Fire & Rescue Service for any queries
- Exploring the prevalent risk permutations associated with fire deaths
- Information on the Safe & Well visit
- Caring Together – details of a free fire safety awareness training session



Worktime Learning Session: Guidance for Home Care Providers – Vulnerable Adults with Specific Fire Risk



Activity 1: Vulnerability of the adult at risk

- Icebreaker - Make a list of the illnesses and disabilities and how you think they could add to making an adult vulnerable to risk of a fire?



What illnesses and disabilities do you think make an adult vulnerable to risk of a fire?

Grid one: vulnerability of the adult at risk			
Physical disability		Dementia	
Learning disability		Sensory impairment	
Mental health		Older person, frailty, temp illness	
Substance misuse		Terminal illness	



Activity 2: Specific Fire Risks

- In addition to their personal vulnerabilities, in small groups can you come up with any further specific external risks which could cause a fire?
- Home oxygen supplies
- Air flow mattress
- Emollient cream
- Hoarding and clutter



Activity 3 - What Issues Would An Individual's Level of Vulnerability Cause in the Event of a Fire?

In small groups discuss the following questions:

- If a service user had a working smoke detector in the correct location, would their physical or cognitive health hinder them in taking the right course of action?
- Would they be able to hear their smoke detector?
- If they are taking medication, will this impact on their alertness and ability to escape?
- **Feedback your key points – highlight any particular service users who may be at risk.**



High Fire Risk Behaviour

Grid two: What type of high fire risk behaviour is taking place?	
Smoking materials	With evidence or likelihood of cigarette burns in clothing, bedding, furniture and flooring
Heating sources (open/portable fires)	Sits or keeps combustible items too close to heat source
Propensity to leave cooking	*Forgets or becomes distracted while cooking
Candles or other naked flames	Dangerous if left unattended or used without appropriate container

*the smoke produced from the packaging and contents of one ready meal, accidentally left on top of a 'live' hob could cause sufficient smoke to kill

If one box in each of the grids is 'ticked', the person is indeed at significant risk of having a fire, potentially resulting in another preventable fire fatality.



Fire Safety Intervention

- HFRS can provide a 'Safe & Well' visit which covers areas around health and wellbeing, home security and fire safety.

How to refer?

- Complete online referral form for professionals with consent of service user:
https://www.hertfordshire.gov.uk/ufs/SAFEANDWELL_PARTNERS.eb?ebd=0&ebz=1_1662562902998



Caring Together

- This training is designed to alert staff who visit people's homes to the dangers which may be seen
- It helps staff to be vigilant
- It gives staff routes of referral

- Have you accessed this training yet run by the fire service?
- Your line manager will be able to give you dates

Thank you

- Thank you for your time – lets work together to prevent fire incidents and minimise harm to individuals receiving home care.



Thank you for attending today

Collection of Certificates

