Personal Staff Skills Self Assessment Report

CPA Skills Training And Needs audit
Anywhere

| Name | Anne Other |
| :--- | :---: |
| Role | Full - Time Support Worker |
| Supervisor |  |
| Date of Survey | September 2020 |

## My Core Skills Map

You said you think your level of delivery in these areas is

| I have a good understanding and follow my role as a care practitioner |  |
| :--- | :--- |
| I have been introduced to and am following my Professional Development Plan by the organisation |  |
| I am aware of and follow the "Duty of Care" principles |  |
| I understand the importance of equality and diversity and apply this in practice within my role |  |
| I provide person-centred care |  |
| I can communicate effectively with service users, families, and colleagues |  |
| I understand the importance of an individual's Dignity and Privacy and apply this in practice within my role |  |
| I understand the importance of and ensure that individuals are provided with a good level of nutrition and hydration |  |
| I have good knowledge of the client group(s) I have listed in the previous section |  |
| I understand the importance of safeguarding individuals and apply this in practice within my role |  |
| I have received training in Basic Life Support / First Aid Training and feel confident that I could use this in an emergency |  |
| I understand the importance of Health and Safety and apply this in practice within my role |  |
| I understand the importance of Handling Information / Maintaining Care Plans and apply this in practice within my role |  |
| I understand the importance of Infection Prevention and Control and apply this in practice within my role |  |
| I have an awareness of Medication and its procedures |  |
| I am aware of Positive Behaviour Support techniques |  |
| I understand how to Assist and Move people and the use of appropriate equipment if needed and apply this in practice within my role |  |
| I have an understanding of Food Hygiene and apply this in practice within my role |  |
| I have an understanding of the Mental Capacity Act and Liberty Safeguarding and apply these in my practice within my role. |  |


| My Learning |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| You said within the last 12 months you have had training in | Y/N | Skilled? | Confident? | Kowlegegeale? |
| Assisting and Moving people | $p$ |  |  |  |
| Basic Life Support / First Aid | 8 |  |  |  |
| Fire Safety | ( |  |  |  |
| Medication | d |  |  |  |
| Moving and Handling objects | 8 |  |  |  |
| Positive Behaviour Support / Non-Restrictive Practice | d |  |  |  |
| Safeguarding Adults and Children | ( |  |  |  |
| Any other specific topics (see below) | \$ |  |  |  |
| You said within the last 3 years you have had training in | Y/N | Skilled? | Confident? | Krowlegeaber |
| Communication | ${ }^{(1)}$ |  |  |  |
| Dignity and Respect | ¢ |  |  |  |
| Equality and Diversity | (1) |  |  |  |
| Nutrition and Hydration | $p$ |  |  |  |
| Food Hygiene | ( |  |  |  |
| Health and Safety | (1) |  |  |  |
| Infection Prevention and Control | d |  |  |  |
| Mental Capacity Act / Liberty Safeguards | (1) |  |  |  |
| Person-Centred Care | ( |  |  |  |
| Recording and Reporting (Effective Care Planning) | 1 |  |  |  |


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## How do you feel about work

I feel safe at work
I feel supported at work
I feel enabled at work
I feel appreciated at work
I feel listened to at work

| What style of training do you think you learn <br> best from? <br> Face-to-face <br> E-learning <br> Webinars <br> Other |  |  |
| :--- | :---: | :---: |

More About My Learning

Have you had any training in any other specific topics within the last 12 months?

Yes

Infection control, food hygiene

What areas of your job would you like to learn more about?

