

Name	Entry 12
Role	Senior care assistant
Date of Survey	March 2025

My Core Skills Map

You said you think your level of delivery in these areas is

I have a good understanding of my role as a senior care professional	
I have a Professional Development Plan, and follow this	
I am aware of, and are confident to promote the "Duty of Care" principles	
I feel confident promoting the principles of equality, diversity and inclusion	
I feel confident to promote person-centred care	
I feel confident to promote effective communication with people receiving care, families, and colleagues	
I understand the needs of the individuals within the service, including their conditions and how this effects their day-to-day life	
I feel confident promoting the importance of an individual's dignity and privacy	
I feel confident promoting the importance of handling confidential information in line with information governance laws	
I feel confident promoting the importance of maintaining quality care records	
I understand and feel confident to promote the importance of safeguarding individuals from abuse and harm	
I understand and feel confident to promote the principles of mental capacity	
I have received training in First Aid and feel confident to use this in an emergency	
I understand the importance of advance care planning for residents and am aware of the different documentation such as RESPECT and DNACPR	
I feel confident in a residents nutritional needs for their age including MUST assessment and management	
I feel confident how to support residents to maintain good hydration and understand the impact dehydration can have on physical health	
I feel confident in identifying if an individual is deteriorating physically through visual observation and health observations and I understand where to escalate	
I understand how to use Positive Behaviour Support structure and tools to best support residents living with dementia using strategies to reduce distress or crisis	
I understand the importance of enabling residents to stay mobile and independence wherever possible throughout their care	
I understand how to embed best practice within my service and empower staff to deliver this day to day	

My Learning

You said within the last 12 months you have had training in

	Y/N	Skilled?	Confident?	Knowledgeable?
Medication policies and procedures	👍			
Safeguarding & Capacity	👍			
Connected Lives Practice	👍			
Positive Behaviour Support / Least-Restrictive Practice	👍			
End of Life Care	👍			
Enabling Mobility	👍			
Falls Prevention	👍			
Responsible for Medication	👍			

You said within the last 3 years you have had training in

	Y/N	Skilled?	Confident?	Knowledgeable?
Equality, Diversity and Inclusion	👍			
Dignity and Respect	👍			
Nutrition and Hydration	👍			
Effective Care Planning & Recording	👍			
Infection Prevention	👍			
Depression & Anxiety	👍			
Identifying Physical Deterioration	👍			
Frailty Identification	👍			
Dementia Communication	👍			
Wound Management	👍			
Supervising and mentoring staff	👍			

NOTE - where a line is blank the responder has indicated that this area is not applicable to their role

KEY

- 👍 Strongly agree
- 👍 Agree
- ⚠️ Neutral
- ❌ Disagree
- ❌ Strongly disagree

👍	Yes
❌	No

Strongly Agree
↓
Strongly Disagree

👍	Yes
❌	No

Very
↓
Not at All

How do you feel about work

I feel safe at work	👍
I feel supported at work	👍
I feel enabled at work	👍
I feel appreciated at work	👍
I feel listened to at work	👍

What style of training do you think you learn best from?

Face-to-face	❌
e-learning	👍
Blended (e-Learning and face-to-face)	👍
Other (please specify):	❌

More About My Learning

What other training would you like in relation to your role?

Would like to get trainings on skin moisture and condition.

How many years have you worked in care?

4 Years

How many years have you been in a senior role?

2 Years